



# Influences in My Life

Strangers

No personal attempt for connection.  
I don't have any plans to change this because I don't see the need to do so.

Enemies

Me

Family

Close Friends

Cultural Community

School Peers

Adults & Acquaintances

Local Neighbourhood

Law/Politics

★ I prioritize self love and self care

● I can be too harsh on myself

★ I understand that my experiences are due to my personal identity

★ I present myself as someone who is true to what they believe in

★ Provides love and a nurturing home from parents

★ Can look to my parents for any career support

● Can't tell them many personal details about my friendships and interactions with other people

★ Their life lessons have built the foundation on how I treat others and myself

★ People who I can confidently tell everything to

★ They can provide educational help

★ I can look to them to provide advice on how to approach parental arguments

● Hard for my friends to understand my cultural background

★ Connection in a broader sense because I am interacting with people beyond my local community

★ Embracing my cultural identity of being Kurdish and often educating others

★ Attending holiday events that celebrate Kurdish culture

★ Connection to people I see everyday in my classes where there is mutual respect for one another

● Little interaction outside of school unless its about coursework

★ Occasional small talk about their weekend or any holiday plans

★ Mutual respect for one another, so the relationship is purely in a professional setting

★ No deep emotional connection because we aren't close. Therefore, we don't share any personal details to each other

★ Conversations are merely small talk

● Less connection because I am often busy spending my free time some place else

★ Volunteering my time to help in my neighbourhood  
Ex: local food banks

★ Attending local events that center around the idea of bringing the neighbourhood together

★ Teaches me to advocate for change and stand up for what I believe in.

● People's political opinions effect how I see them. This also alters my relationship with them

● Less important in comparison to my family and friends

Based on parent's expectations  
Due to what my parents taught me

Identity passed on from parents

Lack of openness

Lack of local Kurdish community  
Educating my friends about my culture

Both present at school to provide help

Positive influence in my neighbourhood because I appreciate people's individuality

Both interactions include a simple hi when passing by  
Events are held in a local neighbourhood park

My friends need to have a respectful political opinion that doesn't go against what I believe in. This is in terms of bigger political issues such as racism.

Changes made in law impact my local neighbourhood

I can advocate for issues regarding my cultural identity